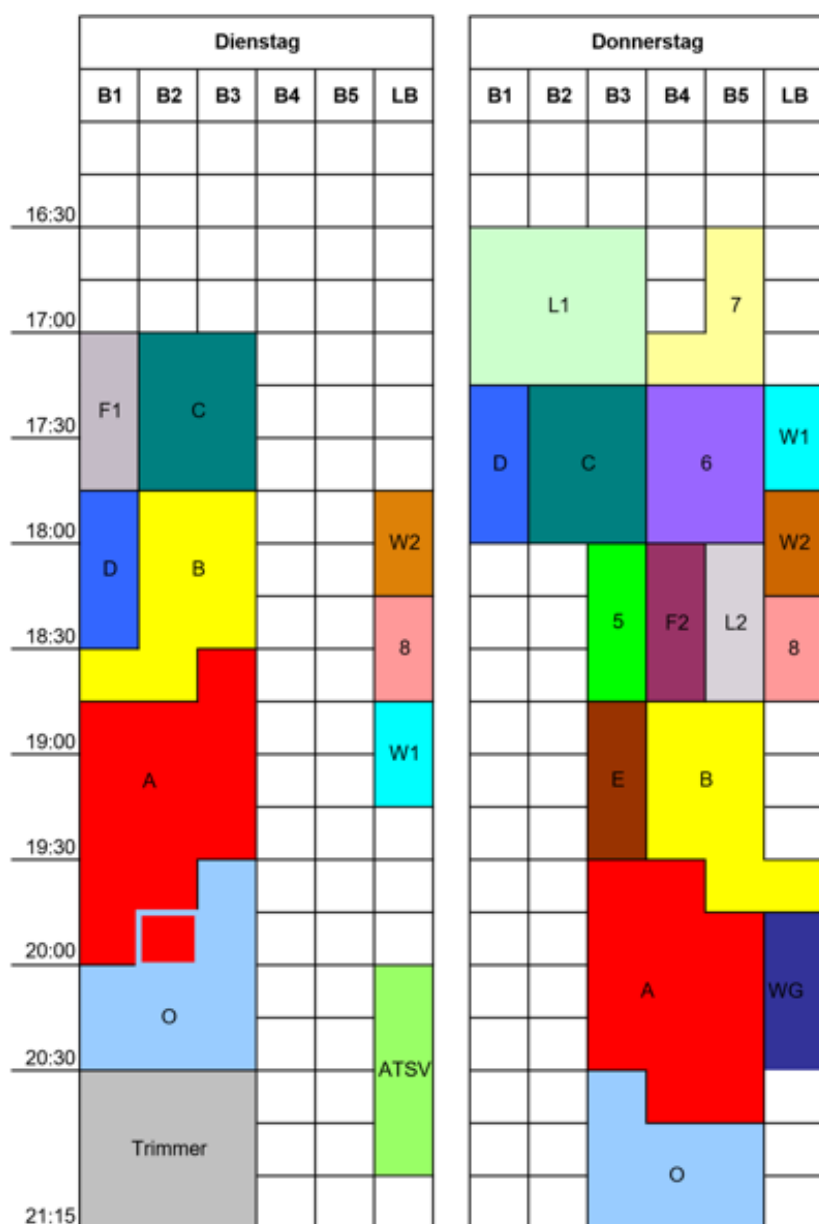


## Trainingszeiten (Wasser) SG Vahr Sebaldsbrück



### Trainer:

- A** - Tanja, Rolf (Di), Josef (Do)
- B** - Tanja, Rolf (Di), Josef (Do)
- C** - Sakias, Lasse (Di), Cathrin (Do)
- D** - Gabi, Lasse (Do)
- E** - Rolf
- F1** - Gabi, Lara
- F2** - Gabi, Cathrin
- L1** - Josef, Sakias, Biggi, Rolf
- L2** - Gabi, Cathrin
- W1** - Carola, Lara, Josef, Lars
- W2** - Carola, Lara, Josef, Lars
- T** - Biggi
- O** - Tanja (Di), Jochen (Do)
- 5** - Tasja, Fiona, Kirsten
- 6** - Fiona, Tanja, Kirsten, Tasja
- 7** - Tanja, Fiona, Kirsten
- 8** - Malte, Isabel, Tanja, Jasmin, Sebastian, FSJ-Kraft

**Montag:** Training im Uni-Bad von 16:00 Uhr bis 18:00 Uhr

Trainer: Rolf Oesselmann und Karin Rack

